

There are also a range of medical services available:



HIV Clinical Care

The North Bristol NHS Trust HIV Service is based at Southmead Hospital, this is where you will be referred for your care if you are newly diagnosed.
Tel: 0117 414 6400 or email: brecon.nurses@nhs.net

Mental Health Services

The Health Psychology Service at Southmead Hospital is available to help people adjust to all aspects of physical illness, including HIV. The aim of the service is to enable people to come to terms with their situation and develop a more satisfying life despite having a health condition. Ask your clinician for more details.

HIV Research

NBT has an exciting HIV research department that actively participates in both clinical studies (e.g. medication) & non-clinical studies (e.g. questionnaires). If you and/or someone close to you is interested in taking part, or to find out if participation is right for you, contact the clinical research team on 0117 414 8130. You can also read more about clinical trials on the NHS Choices website.



Sexual health services

Unity Sexual Health offer a range of free and confidential sexual health services including:

- sexually transmitted infection testing and treatment
- contraception care
- specialist sexual assault services; 24/7, 365 days/year
- pregnancy advisory services.

For more information please visit: www.unitysexualhealth.co.uk

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HIV support services in and around Bristol



Support Services provided in partnership by
Brigstowe and Terrence Higgins Trust



Are you in or around Bristol and living with or affected by HIV? The following services are available:

“I felt important and valued. I felt like I was understood”
service user

Advice and Advocacy

Living with HIV can affect many aspects of your life. We can tell you about your rights and entitlements. We tailor our service to meet your needs. In addition to advice and guidance we can also provide active support. When appropriate, we will help you to access other specialist services.

Health and Wellbeing

Sometimes making decisions about your health and life with HIV can be difficult and confusing. Our Health and Wellbeing service can support you or those close to you to make decisions to lead a healthier life. You can ask anything about living with HIV - from questions about starting or switching treatment, to sex and relationships, as well as disclosure.

Migrants and Asylum

Are you seeking asylum or experiencing immigration issues? This specialist service offers ongoing emotional and practical support. We have good links with legal professionals and other refugee and asylum support services.

One-to-One Peer Support

Are you recently diagnosed or struggling with your diagnosis? Speak with a trained, HIV positive mentor about any aspect of your diagnosis. They can share experiences, provide emotional support and discuss coping strategies.

Finance and Housing

Are you having financial difficulties? We give advice and assistance around welfare benefits, debts and budgeting. Depending on your circumstances, we can apply for grants that cover living expenses and household items. We also give advice and support around housing including homelessness, rehousing, resettlement and helping people to continue living in their own home.

Recently Diagnosed Group

For people who have been living with HIV for less than two years. Sessions are facilitated by trained professionals and HIV positive people. The group covers everything you need to know about HIV including medication, your rights, sex and relationships.

Activities and Workshops

A chance to meet others living with HIV in a relaxed, safe environment, learn new skills and socialise.

Online Support

Join the UK's largest online community which offers online advice and counselling, tools to manage your health and community forums. To find out more visit: www.myHIV.org.uk

For more information on any of these services please get in touch with us on 0117 9555 038.

